



# Action for Bow

## ANNUAL REPORT 2017-2018

**Action for Bow** supports education, training and employment opportunities; sports, healthy living and cultural activities; environmental and regeneration issues in Bow East and West Wards.

This registered charity (1104269), established by the Tower Hamlets Housing Action Trust in 2004, has been making grants to a wide range of organisations.

The initial endowment was almost fully utilised during 2017-18 and the Trust was only able to give a total of £22,535 to six organisations.

Very fortunately the Trust has received an outstanding endowment, via the Greater London Authority, which

will enable the Trust to continue its work for the next few years.

The Trustees will be reviewing how it can best use these funds to assist to meet the current needs of the area. They will also consider other organisations with which it might collaborate in this.

It is also now appropriate to seek additional trustees to take forward the work of Action for Bow.

The Trustees would be very pleased to hear from anyone who would be interested in joining the board. A good knowledge of the area would be important and ideally some experience of charity work.

### Artburst: Make a Play



**'Where The Wild Things Are'**

Artburst delivered a one-week children's theatre programme based on Kenneth Grahame's 'Wind in the Willows'; and two half-day workshops based on Maurice Sendak's 'Where The Wild Things Are'.

### Walk East: Guided Walks for the Over 50s



**Visit to Czar Peter the Great by Deptford Creek**

17 residents aged 50+ had a choice of ten guided walks of 1.5 to 2.2 miles to learn more about the East End, connect with community projects and other residents, while enhancing their physical and mental wellbeing.

An average of twelve walkers attended walks with heritage talks, visits to local landmarks, meetings with community workers and a coffee stop in a community facility. Venues included museums, city farms, churches, mosques, theatres, sports centres, gardens and the famous bell foundry.



**'Wind in the Willows'**

The children devised their own scripts, created sets and costumes and played games that integrated art, drama, music and movement activities.

All culminated in performances for family and friends.

These plays helped to develop confidence and team-working skills that would be especially helpful for these children when they moved from primary to secondary education.

### Half Moon Young People's Theatre



**'Transitions': Actor-Facilitators' Workshop**

144 pupils at Old Ford, Guardian Angels and Olga Primary Schools explored concerns about starting secondary school.

## The Geezers



### Geezers Regular Indoor Bowls

In 2017 the Geezers ran popular programme of activities for older residents including regular weight training, swimming sessions; traditional board games, quiz nights. They arranged talks on tackling loneliness, financial and health issues; and excursions to sports and arts events, and the seaside.



### Water Turbine

They also continued their innovative and award winning work on 'active energy' - which this year had a floating water wheel turbine on the River Lea.

## GRANTS AND MATCH FUNDING 2017-2018

A total of £24,035 was granted to seven organisations, which attracted contributions from a number of other organisations. Three projects were delivered for younger people for out of school activities, including drama sessions to prepare them for transfer from primary to secondary school; and four projects for older people – with an emphasis on healthy living.

Project Name and Provider	Manager	Grant	Partnering Organisations
Older Peoples' Activities <i>The Geezers Club</i>	Ray Gipson 07447 955521	£4,998	
Older People's Health and Fitness <i>Bow Bengali Forum</i>	Aklakur Rahman 07958 386618	£4,000	
Young People's Summer Activities <i>St. Barnabas Church</i>	Lindsay Turner 020 8980 1004	£3,797	<i>Contributions in kind</i> £3,000
Young People's Drama: Schools Transition <i>Half Moon Young People's Theatre</i>	Beccy Allen 07812 094819	£3,965	Half Moon Theatre £1,310
Young People's Drama: 'Make a Play in the Park' <i>Arburst Ltd.</i>	Rhia Thomas 07435 788190	£3,000	<i>Contributions in kind:</i> Venue (Girls' School) £500 Volunteer assistants £380
Guided Walks for the Over 50s <i>Walk East</i>	Graham Barker 07919 221806	£2,775	<i>'East End Footprints'</i> £200 <i>Contributions In kind:</i> Docklands Light Railway tickets £400 Community venues £160 Walk East £75
Parents & Toddlers Group and Over-50s Events <i>Tredegar and Sabella Tenants' Association</i>	Lorraine Walsh 07884 168176	£1,500	
	<b>Total Grants</b>	<b>£24,035</b>	

## Financial Summary 2017-2018

Funds brought forward	£ 42,380
Income	<u>£1,678,502</u>
Expenditure: paid plus	
grants committed	<u>£ 126,118</u>
Balance	<u>£1,594,764</u>

## Risk Management and Grant Payments

Potential major risks are reviewed by the Trustees and appropriate procedures embedded to minimise these – including retrospective payment of grants subject to confirmation by the Bromley by Bow Centre staff that the necessary services have been delivered.

**Trust's Bankers:** Barclays Bank (until 20<sup>th</sup> December 2017)  
Metro Bank (from 20<sup>th</sup> December 2017)

**Trust's Auditors:** Sayer Vincent LLP

## Trustees 2017-2018

The voluntary Trustees allocate grants and prepare the Trust's annual financial statements:

**Sheila Drew Smith** (Chair) { nominees of former Tower  
**Jackie Odunoye** { Hamlets Housing Action Trust  
**Janet Ludlow** nominee of Old Ford Housing Association  
**Councillor Marc Francis** London Borough of Tower Hamlets  
Secretary to the Trustees Greg Hartwell

## Grant Applications and Administration

The grants process is coordinated by Ahmed Hussain at the Bromley by Bow Centre, St Leonard's Street, London, E3 3BT  
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